

About Hans Nieper, M.D.

Dr. Nieper, before his death, was a well-known German clinician, researcher and author. He was Director of the Department of Medicine at Paracelsus Silbersee Hospital and served as an acting consultant to Memorial Sloan Kettering in the 1970's. His contributions to healthcare have been astonishing. In cancer, he pioneered an entire class of gene-repair and gene-extinguishing substances. His work with MS is legendary with the use of his mineral transport formulas to not only stop the progression but to reverse the damage. The Mineral Carriers consists of 4 different substances used to transport minerals to the cellular level. He also invented the most absorbable vitamin formulations available. These are the formulas used in My Daily Dose.

About My Daily Dose's Unique Formulation:

Dr. Nieper's E-Complete will boost your immune system, support a healthy heart, help maintain healthy cholesterol levels, and slow the overall aging process by feeding nutrients to your hair, skin, and nails.

Dr. Nieper's B-Complete will build and strengthen your immune & central nervous systems, reduce stress, convert blood sugar into energy, enhance cardiovascular & muscular function, promote healthy skin, good vision and help brain function.

Studies have demonstrated that over 80% of the minerals combined with 2-AEP will be effectively absorbed by your body. Mineral Membrane Complex can strengthen your hair, nails, skin, bones and rejuvenate the cells in your body.

Dr. Nieper's C-Complete is the most effective and active you can possibly find.

MY DAILY DOSE

*So powerful
So effective
So reparative
So protective*

that it is the only supplement you need

With My Daily Dose, you have the power to regenerate, rejuvenate and renew every part of your body.

What is 2-AEP?

2-AEP is a patented primary ingredient in My Daily Dose. It is the actual biochemical component making up the outer cell membranes of your body. The 2-AEP is delivered directly to your outer cell walls to strengthen, seal and protect your healthy cells and to repair your damaged cells.

What is the research on 2-AEP?

Over 50,000 doses have been administered in both research studies and treatment. In studies done with 2-AEP® over a 4 year period, those treated with 2-AEP® (approximately 4,000) did not age as rapidly as those not treated. The appearance and elasticity of the skin, as well as the organs' functions "did not appear to age almost at all." 2-AEP® strengthens the cell walls. Their electro-static energy increases to defend against toxins and to keep "free-radicals" from entering and inflicting our healthy cells.

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Beta-carotene creates Vitamin A in your body, which is essential for the growth and repair of body tissues. In order for Beta-carotene to effectively produce Vitamin A it has to remain electrically active. When Beta-carotene is introduced to the body however, it immediately loses at least 40% of its activity. Most products containing Beta-carotene do not provide the benefits provided by Vitamin A because their Beta-carotene does NOT remain active. Dr. Nieper found that by adding a small amount of Selenium to his Beta-carotene formula, the electrical charge is enhanced by up to 9 times

Vitamin E: There are 3 principal types of soluble Vitamin E. In order for Vitamin E to be effective in your body, all 3 types must be present as well as the necessary substances that specifically assist the absorption process. Each type of Vitamin E is usable in different parts of the body. Most products do NOT provide all 3 types of Vitamin E and they do NOT include the necessary substances needed to make each type absorb in your body. Dr. Nieper found that Endurol, Selenium & Magnesium are essential parts to Vitamin E assimilation. Endurol is the highest oxygen producing substance known. Selenium enhances the electrical activity of the E-Vitamins. Magnesium has been found to help deliver Vitamin E to specific cells in the body.

Vitamin C: There are actually several C-Vitamins essential to the human body. Each type of C-Vitamin requires additional ingredients to achieve optimal assimilation & effectiveness. Most vitamins do NOT contain the necessary ingredients to make Vitamin C work. In Dr. Nieper's C-Complete, all of the C-Vitamins are present, as well as the additional ingredients necessary for Vitamin C to achieve optimal assimilation & effectiveness. Dr. Nieper found that by adding Ascorbyl Palmitate, the "fat-soluble" Vitamin C, that he was able to penetrate the fat cells in your body. Fat cells NEED to be "washed" periodically by Vitamin C. He also found that by adding the organic plant extracts of Acerola Cherry and Natural Rose Hips that he greatly increased the assimilation and effectiveness of Vitamin C. Additionally, Dr. Nieper added P-Complex Bioflavonoids which come from the very strongest and most concentrated variety of natural lemon.

Vitamin B: There are many types of B-Vitamins and the human body needs all of them. It is important to note that although Vitamin B is essential it can also be TOXIC if it is not combined with the additional ingredients necessary for it to achieve optimal assimilation. Most products do NOT contain all of the essential B Vitamins, nor do they include the additional ingredients necessary for Vitamin B to achieve optimal assimilation and effectiveness. Dr. Nieper's B-Complete contains all of the essential B Vitamins as each type is essential to different parts of the body. A key component that sets Dr. Nieper's formula apart from others is that B-Complete contains 1,000 mcg per capsule of oral-absorbable B12, which is necessary in building red blood cells and promoting stamina. He uses a unique method of absorbing the B12 onto a resin, which assures this oral assimilation.

Calcium, Magnesium and Potassium: There are many different types of Minerals, and these are the 3 most essential to the human body. Minerals are one of the hardest substances for your body to absorb. Mineral supplements MUST be delivered to specific parts of your body in order to be effective and most products do NOT contain the necessary carriers to make this happen. Dr. Nieper's Mineral Membrane Complex is a combination of Calcium, Magnesium and Potassium combined with his patented substance: 2-AEP. The 2-AEP is what makes these essential minerals absorb in your body so effectively. 2-AEP is an actual biochemical component which comprises the outer part of your cell walls. 2-AEP is one of the 4 mineral carriers recognized by both doctors and scientists. 2-AEP delivers the minerals it is combined with to your outer cell walls to strengthen, seal, and protect your cells from toxins entering and infecting your healthy cells. Mineral Membrane Complex enhances your body's natural defense mechanisms at the most fundamental basis of health – the cellular level.